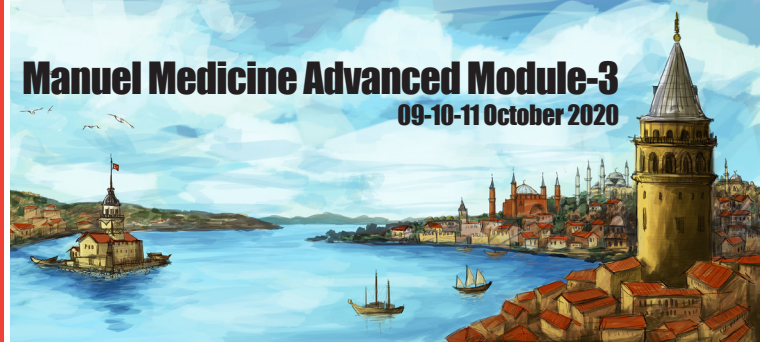




## Advanced Module-3 Scientific Program



### TEMPORO-MANDIBULAR JOINT, SPINAL AND PELVIS SMT, SHOULDER GIRDLE, DIFFERENTIAL DIAGNOSIS OF THORACIC AND INGUINAL PAIN SYNDROMES

#### Instructors

Marc Henri Gauchat, MD. Specialist  
Cihan Aksoy, MD. Professor  
Demirhan Dıraçoğlu, MD. Professor

#### Day 1, Friday October 09<sup>th</sup>

The Temporo-Mandibular Joint, The Cervical Spine and The Shoulder Girdle

- 09.00 Introduction, objectives of the course
- 09.15 The temporo-mandibular joint: anatomy and physiology
- 09.45 Workshop: Clinical examination of the temporo-mandibular joint
- 10.30 Break
- 11.00 Workshop: Integrated treatment of the temporo-mandibular problems?
- 12.00 Lunch break
- 13.30 Workshop: Clinical examination and therapies in the upper, lower cervical spine and of the cervico-thoracic junction.
- 15.00 Break
- 15.30 Workshop: Examination and mobilization techniques of shoulder girdle.
- 16.30 Workshop: Trigger points treatment and stretching techniques of the cervical spine and of the shoulder girdle.
- 17.30 Quick summary- Questions
- 18.00 End

#### Day 2, Saturday October 10<sup>th</sup>

Cervical, Thoracic Spine and Ribs, Elbow, Wrist and Hand Joints

- 09.00 Quiz on the temporo-mandibular joint and cervical spine examinations and treatments
- 09.45 Workshop: Clinical examination of the thoracic spine, ribs and diaphragm
- 10.30 Break
- 10.45 Workshop: Mobilization and manipulation techniques of the cervical, cervico-thoracic junction, diaphragm and ribs.
- 12.00 Lunch break
- 13.30 Workshop: Differential diagnosis of common thoracic pain syndromes
- 15.00 Break
- 15.30 Workshop: Examination of the elbow, wrist and hand joints
- 16.15 Workshop: Mobilization and manipulation techniques of the elbow, wrist and hand joints
- 17.15 Quick summary - Questions
- 17.30 End



MANUEL TIP DERNEĐİ  
TURKISH ASSOCIATION OF MANUAL MEDICINE

## Advanced Module-3 Scientific Program

**Manuel Medicine Advanced Module-3**  
09-10-11 October 2020



### **Day 3, Sunday October 11<sup>st</sup>**

Sacro-iliac Joint and the Lumbar Spine, Hip and Knee Joint

- 09.00 Quiz on the cervical, thoracic spine and ribs, elbow, wrist and hand joints
- 10.00 Workshop: Ankle and foot joints mobilization and manipulative techniques
- 10.45 Break
- 11.00 Workshop: Examination, mobilization and manipulative techniques of the sacro-iliac joint and lumbar spine.
- 12.00 Lunch break
- 13.30 Forum: The differential diagnosis of inguinal pain
- 14.45 Workshop: examination, mobilization and manipulative techniques for the hip and knee joints
- 15.45 End of the course and farewell