



Advanced Module-4 Scientific Program



CLINICAL INTEGRATION AND ACQUIRING BETTER MANIPULATIVE SKILLS

DIFFERENTIAL DIAGNOSIS OF LUMBAR SYNDROMES, COCCYDYNIA, CERVICOGENIC CEPHALGIA, VERTEBRAL INSTABILITY, WHIPLASH

Instructors

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Day 1, Friday November 20th

The Cervical Spine and The Shoulder Girdle

09.00 Introduction, objectives of the course

09.15 Workshop: Cervical spine regional and segmental diagnosis: a quick review

09.45 Workshop: Cervical spine mobilization techniques: a review

10.30 Break

11.00 Cervicogenic cephalgia: diagnosis and treatment

12.00 Lunch break

13.30 Workshop: Cervical spine manipulation techniques: a review and introduction to manipulation in lying position

15.00 Break

15.30 Workshop: Examination and mobilization techniques of shoulder girdle, trigger points treatment

16.00 The whiplash problematic and manual medicine

17.30 Quick summary - Questions

18.00 End

Day 2, Saturday November 21st

Thoracic Spine and Ribs, Elbow, Wrist and Hand Joints

09.00 Quiz on the cervical spine examinations and treatments

09.45 Workshop: Clinical examination of the thoracic spine, ribs and diaphragm

10.30 Break

10.45 Workshop: Mobilization and manipulation techniques of the cervical, cervico-thoracic junction, diaphragm and ribs: a review

12.00 Lunch Break

13.30 Workshop: Examination of the elbow, wrist and hand joints and mobilization and manipulation techniques

15.00 Break

15.30 Cervico-brachial syndromes: differential diagnosis

16.15 Workshop: practical application of differential diagnosis

17.15 Quick summary - Questions

17.30 End



MANUEL TIP DERNEĐİ
TURKISH ASSOCIATION OF MANUAL MEDICINE

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Day 3, Sunday November 22nd

The Lumbar Spine and Sacro-iliac Joint, Hip and Knee Joint

- 09.00 Quiz on the cervical, thoracic spine and ribs, elbow, wrist and hand joints
- 10.00 Coccygodinia
- 10.45 Break
- 11.00 Differential diagnosis of lumbar syndromes/instability vs hyperlaxity
- 12.00 Lunch break
- 13.00 Workshop: Examination, mobilization and manipulative techniques of the sacro-iliac joint and lumbar spine.
- 14.00 Workshop: examination, mobilization and manipulative techniques for the hip and knee joints, ankle and foot joints
- 15.00 End of the course and farewell